



Bowen Island Sea Kayaking

Info/questions for multi day rentals

This is not a comprehensive list of questions that you should consider before departing on a kayak camping trip in Howe Sound, but these questions should be considered seriously before arriving for your rental. Please be properly prepared.

- What is your paddling experience?
- Do you know how to perform a self-rescue and an assisted rescue in a kayak?
- Are you familiar with Howe Sound weather and wind? What is the strongest wind you have ever paddled in?
- Do you know when to say "This is not a good time to be on the water."?
- What kind of communication device will you be bringing with you? Do you have a marine radio?
- Cell phones should be charged and used sparingly if you are unable to charge them while away. Coast Guard can be contacted in an emergency by dialing *16 but cell reception is non-existent in parts of the Sound.
- Do you have the means to learn about tides and weather conditions while you are out?
- Each person needs 3 to 4L of water per day. While there are fresh streams and lakes on Keats, Gambier and the north end of the Sound you should not depend on them for drinking.
- Do you have an appropriate first aid kit and know how to help an injured person?
- What is your itinerary? Where do you plan on camping? There is currently no camping on Bowen or any of the Pasley Islands. Do you have appropriate charts of the waterways and maps of where there are camping possibilities?
- Do you have an extra day in your plans to spend sitting on an island if the weather is not cooperating?
- Did you know that "Squamish" is a loose English adaptation/mispronunciation of **Skwxwu7mesh**, meaning "Mother of the Wind"? The wind in this area should not be under-estimated nor your paddling abilities over-estimated.
- Remember: It is much better to be on land and say to yourself "I wish I was on the water" rather than being on the water and saying "I wish I was land!"

Bowen Island Sea Kayaking is here to provide fun and safe outings in the gorgeous Howe Sound area. We provide kayak lessons to assist in increasing your skill levels on the water if you would like to consider that before embarking on a multiday trip. You may also want to simply come for a day paddle if you have not previously done so.